

## What will happen on day of the Clinic?

Please bring your current glucometer, record book and support person (if required)

Please check in at the front reception, where you will need to sign form for procedure admission

Client Services will then advise you to proceed to the waiting area (blue room)

Patients will be admitted for insertion of the sensor - a small flexible metal electrode under the skin by trained Credentialed Diabetes Educator. The patient will receive education and information on care of the sensor, receiver and transmitter during the seven day period that it is in place.

You will only be required for approx 1 hour for insertion and education.



Sensor insertion

Sensor with transmitter in place

## Kyabram District Health Service

Kyabram Health  
Fenaughty St, Kyabram VIC 3620  
Ph. (03) 5857 0200  
Email. info@kyhealth.org.au  
Monday - Friday; 8.30am to 5.00pm

Stanhope Health  
35 Birdwood Ave, Stanhope VIC 3623  
Ph. (03) 5857 0451  
Email. comhealth@kyhealth.org.au  
Monday, Tuesday, Thursday, Friday;  
8.30am to 5.00pm

Tongala Health  
37 Mangan St, Tongala VIC 3621  
Ph. (03) 5857 0245  
Email. chtongala@kyhealth.org.au  
Monday; 10.00am to 2.00pm  
Wednesday, Thursday, Friday; 8.30am to 5.00pm



### Our Values

Empathy Wellbeing

Community

Continuous  
Glucose  
Monitoring  
(CGM) Clinic

[www.kyhealth.org.au](http://www.kyhealth.org.au)

Healthy Community.  
Local Care.



Consumer Approved



KYABRAM DISTRICT  
HEALTH SERVICE

## Who is CGM for?

CGM is for people with Type 1 Diabetes

## Why is CGM useful for people with Type 1 Diabetes?

CGM provides information about changes in blood glucose levels during both the day and night over a seven day period

## What is Continuous Glucose Monitoring (CGM)?

Continuous glucose monitoring (CGM) is a small wearable device that tracks your interstitial blood glucose throughout the day and night, notifying you of highs and lows and tracking patterns so you can take action.

### CGM has 3 main parts

**Small sensor** - A discrete sensor located just underneath the skin measures your glucose levels

**Transmitter** - This piece fits onto the sensor and sends data wirelessly to your display device/ Receiver

**Display device/Receiver** - Glucose activity is shown in vivid colors so you can easily see when it's trending high, low or within range.



Sensor/transmitter stays in place for 7 days and provides data up to 288 times in a 24 hour period. It is then uploaded to help your diabetes team help you manage your diabetes

CGM does not replace normal blood glucose testing however it does enable you to see what is happening in between tests.

## What happens at the end of the 7 days?

A return date and time will be arranged for removal of sensor and uploading of information – the removal only takes approx. 10 minutes and the result can be emailed to client and Endocrinologist who will then review data.

## Locations

The CGM Clinic located at Kyabram District Health Service Fenaughty Street, Kyabram.

## Referrals

GP or Endocrinologist

## Contacts

Credentialed Diabetes Educator  
58570200

## Fees

There is no cost to this clinic

